



جامعة العلوم والتقنية في الفجيرة
University of Science and Technology of Fujairah

CURRICULUM VITAE

PERSONAL INFORMATION

Name: Dr. Shimaa Ezzat Basha, (SFHEA).
Nationality: Egyptian
Job Title: Associate Professor of Psychology.
Marital Status: Married
College: College of Humanities and Sciences.
Department: Department of Psychology
Date of Birth: 05/09/1980
Mobile Number: 00971508784819/ 00201063222016
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shaimaa_basha@arts.helwan.edu.eg

EDUCATIONAL BACKGROUND

1. Doctorate

University: Helwan University
Country: Egypt
Date of Obtaining degree: 2010
Major: Psychology
Minor: -
Title: "Causal Attribution and Optimism/Pessimism: Moderating Variables between Marital Satisfaction and Stress". Grade: Excellent with High Honors

2. Master

University: Helwan University
Country: Egypt
Date of Obtaining degree: 2007
Major: Psychology
Minor: -
Title: "The Relationship between the Sense of Humor and Creative and Critical thinking". Grade: Excellent

3. Bachelor

University: Helwan University
Country: Egypt
Date of Obtaining degree: 2001

COMPUTER SKILLS

MS Word	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced
MS Excel	<input type="checkbox"/> Beginner	<input checked="" type="checkbox"/> Intermediate	<input type="checkbox"/> Advanced
MS Power Point	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced
MS Outlook	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced
Internet	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced

LANGUAGE SKILLS

Arabic	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced
English	<input type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input checked="" type="checkbox"/> Advanced
Other, specify French	<input checked="" type="checkbox"/> Beginner	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Advanced

PROFESSIONAL EXPERIENCE

From (year)	To (year)	Position	Employer	Country
2021	Now	Visiting Associate Professor	USTF	UAE
2017	2021	Associate Professor of Psychology	Princess Nourah bint Abdulrahman University	Saudi Arabia
2020	2021	E-learning coordinator	Princess Nourah bint Abdulrahman University	Saudi Arabia
2019	2021	Chairwoman, Committee for addressing Academic Failure	Princess Nourah bint Abdulrahman University	Saudi Arabia
2017	2018	Quality Coordinator of Psychology Program	Princess Nourah bint Abdulrahman University	Saudi Arabia
2016	2017	Trainer	Center for developing Faculty Members' Capacity, Helwan University	Egypt
2016	NOW	Assistant Professor of Psychology	Faculty of Arts, Helwan University	Egypt
2016	2017	Data Management and Survey Officer	Strategic Planning Division, Helwan University	Egypt
2016	2017	Executive Director	Community service, Environmental Development, Alumni Affairs Division, Faculty of Arts Helwan University	Egypt
2015	2017	Psychology Program Officer	Quality Assurance and Accreditation Unit, Faculty of Arts, Helwan University	Egypt
2010	2016	Lecturer	Faculty of Arts, Helwan University	Egypt
2007	2010	Assistant Lecturer	Faculty of Arts, Helwan University	Egypt
2001	2007	Teaching Assistant	Faculty of Arts, Helwan University	Egypt

EDUCATIONAL EXPERIENCE

Academic Year	Course Title	Academic Year	Course Title
2021/2022	Clinical Psychology	2021/2022	Psychotherapy
2021/2022	Industrial & Organizational Psychology	2021/2022	Psychometrics
		2021/2022	Criminal Psychology
2020/2021	Occupational Psychology	2020/2021	Evaluation and Assessment
2020/2021	Social Psychology	2020/2021	Statistical Psychology
2019/2020	Field Training in Psychology	2018/2019	Group Counseling Techniques
2019/2020	Counseling techniques	2018/2019	Counseling Techniques
2017/2018	Evaluation and Assessment	2017/2018	IQ Tests and Mental Capacities
2016/2017	Using Computers in Psychological Sciences	2014/2015	Social Psychology (Groups)
2015/2016	Social Psychology (Groups)	2015/2016	Psychological texts in English
2014/2015	Psychological texts in English	2013/2014	Psychological texts in English
2013/2014	Physiological Psychology	2012/2013	Physiological Psychology
2013/2014	Psychology	2012/2013	Psychology
2013/2014	Humanities	2012/2013	Humanities
2012/2013	Clinical Psychology	2012/2013	Differential Psychology
2011/2012	Differential Psychology	2011/2012	Psychological Counselling
2011/2012	Special Topics in Psychology	2011/2012	Introduction to Psychology
2010/2011	Introduction to Psychology	2010/2011	General Psychology
2002/2003-2009/2010	Learning	2002/2003-2009/2010	Psychological Measurement
2002/2003-2004/2005	Applications of statistics		

PUBLICATIONS

1. Books

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- A practical guide to positive psychology (2022). (In press).
- *The Man-Woman Relationship: A Modern Psychological Perspective* (2016), (co-author), Cairo: Anglo-Egyptian Bookshop
- *A to Z of Group Psychology and Group Work*, (2016) translated book, (co-author) Cairo: Anglo-Egyptian Bookshop.
- *Marital Relationships Quality Measure*, (2015), Cairo: Anglo-Egyptian Bookshop
- *Group Performance*, translated book, jointly with Dr. Iman Nasry, 2015, Cairo: Anglo-Egyptian Bookshop.
- *Positive Psychology*, 2015, (co-author) Cairo: Anglo-Egyptian Bookshop.
- *Differential Psychology*, 2013, (co-author) Cairo: Helwan University Publications.
- *Special Topic in Psychology: Interpersonal Relationships*, 2011, (co-author) Cairo: Helwan University Publications.
- *A Measure of Psychological Resilience* (2016), (co-author), Cairo: Anglo-Egyptian Bookshop
- *A Measure of Emotional Attachment in Adulthood* (2016), Cairo: Anglo-Egyptian Bookshop
- *The Eating Disorders Questionnaire* (2016), Cairo: Anglo-Egyptian Bookshop
- *Quality of Marital Relationship Measurement*, (2015), Cairo: Anglo-Egyptian Bookshop

2. Book Chapters

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3. Journal Articles

- Sayed Ahmed El-Wak & Shaima Ezzat Basha,(2021). The Relative Contribution of Self-Regulation, Body Image, and Quality of Life in Predicting Food Addiction among University Students. *Egyptian Journal of Clinical & Counseling Psychology*, 9(3), 413- 475.
- Basha, S. E., & Alsukah, A. I. The relative contribution of mindfulness and gratitude in predicting happiness among university students , 2021. *Journal of Educational and Social Research*. 11(4)
URL<http://www.scopus.com/inward/record.url?eid=2-s2.0-85110970277&partnerID=MN8TOARS>
Contributors
 Alsukah, A.I.
 Basha, S.E.
- Basha, S.E., and Alsubie, F.N. (2021). The Relationship between Sluggish Cognitive Tempo, Self-esteem, and Attention Deficit Hyperactivity Disorder among University Students. *Journal of Educational and Social Research*, 11(2), 238. <https://doi.org/10.36941/jesr-2021-0043> URL:
<http://www.scopus.com/inward/record.url?eid=2-s2.0-85103648397&partnerID=MN8TOARS>
Contributors
 Basha, S.E.
 Alsubie, F.N
- The experiences of international universities in managing psychological and counseling services during the Covid-19 pandemic - a working paper presented to the second forum of the Saudi Scientific Association for Psychological Counseling (virtual) in the period from 14-15 Sha'ban 1442 AH corresponding to 27-28 March 221 CE
- "Borderline Personality Disorder and Dysfunctions among Married Couples" (2020)(translated research), *Psychology Journal*, no. 126
- Basha, S.E. and Almeqren, M.A. (2020) "Anxiety and Depression symptoms in Saudi Married Women Using Oral Contraceptives" (joint research), *International Journal of Innovation, Creativity and Change*, Vol. 14, no. 3
- "The Moderating Role of Alexithymia and Mindfulness in the Relationship between Interpersonal Problems and Borderline Personality Disorder in a Non-Clinical Sample" (2018), *Center for Psychological Research and Studies Annals*, Vol. 14, no. 6.
- "Executive Functions and Emotional Regulation and their Relationship with Academic Procrastination in University Students" (2017), *Center for Psychological Research and Studies Annals*, Vol. 13, No. 9.
- "Hostile Attribution of Intentions" (2017), joint research with Dr. Sarah Ezzat and Dr. Heba Mahmoud, *Psychology Journal*, issue 118
- "Rumination and Cognitive Distortion and Its Relation to Symptoms of Anxiety and Depression", *The Egyptian Magazine for Clinical Psychology and Psychological Counseling*, October 2015.
- "Hope and Coping Styles as Predictors of Eating Disorders in University Students", (2015), *Center for Psychological Research and Studies Annals*, The research was published in the Algeria International Conference of Psychology Volume.
- "Perceived Intimate Partner Rejection, Behavioral control and Its Relation to Personality Dispositions: Resilience as Protective Factor among Married Adults in Egypt" (2014) *Indian Journal of Health and Wellbeing*, 5(11), 1255-1262. The summary was published in the Third International Conference on Psychology and Allied Sciences in India.

- "Validation of the Egyptian Version of the Intimate Partner Acceptance / Rejection / Control Questionnaire (IPAR/CQ). *Indian Journal of Health and Wellbeing*, (2014) 5(9), 1032-1035. The summary was published in the Third International Conference on Psychology and Allied Sciences in India.
- "Resilience, Social support, and stress as predictors of Suicide ideation among Public universities' students in Egypt" (joint research with Shenouda, E.) (2014), *OIDA International Journal of Sustainable Development*. Vol. 07, no. 08, 3766. Available at <http://www.ssrn.com/link/OIDA-Intl-Journal-Sustainable-Dev.html> - ISSN 1923-6654 (print) ISSN 1923-6662 (online).
- "Mostafa Sweif: A Beam of Culture, Knowledge, and Hope", *Ibdaa Journal*, no. 29, winter 2014, Egyptian General Book Authority, Pages 266 – 271.
- Book Review "Social Pain: The Neuro-Psychological and Health Implications of Loss and Exclusion" by Ann-Laura Harmelen, Leiden University, edited by MacDonald and Jensen Campbell, No. 101, *Psychology Journal* 2014, Pages 172 – 176. (Translation)
- "Depression and the Egyptian Personality" (2015), *New Culture Journal*, issued by the General Authority for Cultural Palaces, No. 295, pages 20 – 23.
- "Positive Psychology: Past, Present, and Future (Probable), translated by Shaimaa Ezzat Basha, *Psychology Journal*, No. 109, Pages 153-159.
- "Cognitive Theories of Depression" (2016), *Psychology Journal*, No. 109, pages 153-159.
- "Executive Functions, Self-Regulation, and Chronic Pain", *Psychology Journal*, No. 114
- "Emotional Regulation, Risk, and Psychopathology", (translation) in press, *Psychology Journal*
- 25 – 27 September 2014: The Third International Conference on Psychology and Allied Sciences in India. Participated with and presented a research paper titled: "Perceived Intimate Partner Rejection, Behavioral Control and its Relation to Personality Dispositions: Resilience as a Protective Factor among Married Adults in Egypt".
- 25 – 27 September 2014: The Third International Conference on Psychology and Allied Sciences in India. Participated with and presented a research paper titled: "Validation of the Egyptian Version of the Intimate partner Acceptance- Rejection/ Control Questionnaire (IPAR/CQ)".
- 7-8 August 2014: The OIDA International Conference on Sustainable Development in Toronto, Canada. Presented a research titled "Resilience, Social Support, and Stress, as Predictors of Suicide Ideation among Public Universities' Students in Egypt".
- 2 – 4 May 2013: The 2nd International Conference for Psychological Counseling and Education in Turkey, organized by Ticaret University, Istanbul. Participated with a research paper titled "Adult attachment styles in relation to the quality of marital relationships".

PROFESSIONAL AND ACADEMIC ACTIVITIES

1. Professional Training

- 2021: Senior Fellowship in Education and Learning (SFHEA), Higher Education Academy (HEA) (**Fellowship reference PR205772**)
- 2020: Fellowship in Education and Learning (FHEA), Higher Education Academy (HEA) (**Fellowship reference PR182722**)
- 2020: A training course on "design and quality of achievement tests" for members of the teaching staff at the College of Education, College of Education, Princess Nourah bint Abdulrahman University
- 21 July 2020: Held an online training course titled "Stress Management for Public Education Female Staff", College of Education, Princess Nourah bint Abdulrahman University

- 15 July 2020: Held an online training course titled “Effective Evaluation of Students’ Performance for Public Education Female Staff”, College of Education, Princess Nourah bint Abdulrahman University
- 8 March 2018: Held a training course titled “Play Therapy”, organized by the Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- 7 November 2017: Held a training course about stress coping strategies, organized by the Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- 22-24 February 2014: Organizing and conducting a training course on the Art of Dealing with Teenagers, provided for supervisors in the Women’s Health Improvement Association, within the Integrated Care for Girls at Risk Project.
- Supervising the field training of **Clinical Psychology** course for fourth year students at the Psychology Department, Faculty of Arts, Helwan University, from the academic year 2002/2003 to 2009/2010 (4 hours/week over 27 weeks).
- Teaching the practical aspect of **Descriptive and Applied Statistics** for students in the Psychology Department, Faculty of Arts, Helwan University, in the academic year 2002/2005 (4 hours/week over 27 weeks).
- The practical part of the **Experimental Psychology** course for second year students at the Psychology Department, Faculty of Arts, Helwan University, in the academic years 2002/2003 to 2009/2010.

2. Workshops

- September 2020: Held an online workshop about cataloged scientific publication for faculty members, College of Education, Princess Nourah bint Abdulrahman University
- 27 September 2017: Held a workshop about applying psychological tests and scales, organized by the Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- 10 March 2014: Holding and organizing a workshop on “Psychodrama Therapy” in the Psychology Lab of the Faculty of Arts, Helwan University.

3. Master Theses Supervision

- *The Relation between Social Phobia and Dyscalculia of Children in Late Childhood*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Heba Allah Mohiy El Deen Ahmed.
- *Perceived partner Acceptance/Rejection and Marital Discord*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Shaimaa Hussein Saad.
- *Perceived Parental Acceptance/Rejection and its Relation to Self-efficacy and Well-being in Adolescents*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Omnia Khaled Farouk.
- *Attitude towards Political Violence and its Relation to Self-assessment and Aggression in University Students*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Hadir Gamal Aly.
- *Methods of Social Upbringing and its Relation to Some of the Psychological Problems in Adolescents*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Sarah Sayed Zagloul Mohammed.
- *Learning Difficulties of Reading and its Relation to Perceived Parental Rejection in Students of the Preparatory Stage*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Ahmed Samir Rezk Mohamed.
- *Personality disorders in Abusers of Multiple Substances with a Psychological Effect*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Samira Adel Salah.
- *Coping Styles in Relation to Well-being at the End of Adolescence and Early Adulthood*, M.A. Thesis, Faculty of Arts, Helwan University, Presented by Fatma Khalaf Ali

- *Negative Schemata in relation to Borderline Personality Disorder and Paranoid Personality Disorder among Adults*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Yasmeeen Mahmoud Abd el Aziz Mahmed.
- *The Relationship between Hope and Happiness in terms of Gender, Age, and Socio-economic Status*, M.A. Thesis, Faculty of Arts, Helwan University, presented by Dina Ali Ahmed Hassan (not examined yet)

4. Doctorate Theses Supervision

- *The Relation between Self-efficacy and the Behavioral Problems in Delinquents and Non-delinquents*, Ph.D. Thesis, Faculty of Arts, Helwan University, presented by Khaled Atwa,
- *Distortion of Causal Attribution and its Relation to Aggression: Self-efficacy as a Moderating Variable*, Ph.D. Thesis, Faculty of Arts, Helwan University, presented by Sarah Ezzat Mohammed El Gedawy

MEMBERSHIP OF PERIODICALS AND SCIENTIFIC JOURNALS

- **Reviewer**, Saudi Journal of Counseling Psychology, Princess Nourh bint Abdulrahman University. KINGDOM OF SAUDI ARABIA.
- **Reviewer**, Journal of Taif University of Human Sciences, TAIF UNIVERSITY, KINGDOM OF SAUDI ARABIA
- 2020-2022: **Member** of the International Federation of the Arabic Language.
- 2021- Present: **Active Member** of **Saudi TESOL “Saudi Association for English language Education”**.
- 2020 – present: **Affiliate member** of the Saudi Child Association
- 2020: **Member** of the American Psychological Association (APA) **Membership Number: 99041619**
- 2019-present: **Active member** of the Saudi Association for Psychological Counseling
- 2017 – present: **Active member** of the Egyptian Psychoanalytic Association
- 2016: **Member** of the Arab Society for Quality Assurance in Education
- 2014 – 2016: **Member** of the Egyptian Association for Psychological and Social Rehabilitation
- 2014 – present: **Member** of the Indian Association of Health, Research and Welfare
- 2014 – present: **Active member** of the Egyptian Association for Collective Psychotherapy
- 2014 – present: **Affiliate member** of the Arab Center for Social Sciences
- 2014 – present: **Active member** of the Egyptian Psychiatrists Association since 2014.
- 2013 – 2016: **Active member** of the International Society for Interpersonal Acceptance and Rejection.
- 2012 – present: **Active member** of Egyptian Psychological Health and Awareness Society “WAAAY”
- 2009 – present: **Active member** of the Egyptian Association for Psychological Studies
- 2008 - present: **Active member** of the Egyptian Psychologists Association
- 2007-2017: **Member** of the Quality Assurance and Accreditation Committee

AWARDS

- 2021: Acknowledgment and Appreciation for Efforts in the Committee for Addressing Academic Failure, College of Education, Princess Nourah bint Abdulrahman University
- 2020: Acknowledgment and Appreciation for A training course on "design and quality of achievement tests" for members of the teaching staff at the College of Education, College of Education, Princess Nourah bint Abdulrahman University
- 2019/2020: Acknowledgment and Appreciation for excellence in using e-learning system (Blackboard), College of Education, Princess Nourah bint Abdulrahman University
- 28-29 October 2019: Acknowledgment and Appreciation for the participation in presenting the psychology students' forum, Psychology Department Club, College of Education, Princess Nourah bint Abdulrahman University
- 11 April 2019: Acknowledgment and Appreciation for the active participation in arbitrating the scientific research day for psychology students, Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- 2018/2019: Acknowledgment and Appreciation for the exerted efforts in the project for revising and developing the academic programs and developing the College of Education programs, University Vice President for Educational Affairs, Princess Nourah bint Abdulrahman University
- 2018: Acknowledgment and Appreciation for the kind efforts in presenting a seminar, Psychology club, College of Education, Princess Nourah bint Abdulrahman University
- 2018: Acknowledgment and Appreciation for the distinguished efforts in arbitrating the undergraduate psychology program, Imam Mohammad Ibn Saud Islamic University
- 2017: Acknowledgment and Appreciation for attending the 1st meeting of the Center for Excellence in Education and Learning, Deanship of Skills Development, Princess Nourah bint Abdulrahman University
- 2017: Certificate of Appreciation for distinguished work, Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- March 2016: Certificate of Appreciation for participation in the organization of the International Conference of Interdisciplinary Studies, the Faculty of Arts, Helwan University
- 2016: Certificate of Appreciation for participation in community activities
- 2014: Certificate of Appreciation and Shield for managing a session at the 3rd International Conference on Psychology and Allied Sciences, India.
- 2012/2013 and 2014/2015: Certificate of Appreciation for supervising students' graduation ceremonies.
- 2012/2013-2013/2014: Certificate of Appreciation for supervising Resala Charity Group at the Faculty of Arts

PROFESSIONAL DEVELOPMENT

1. Training Courses and Workshops

- 17-18 November (2021): Shimaa Basha, Passed the training "APPLYING RELIABILITY COEFFICIENCES (ALPHA, OMEGA,GUTTMAN,THETA) WITH SPSS V.28", WITH ID: DYN-EGY-3322, 6 Training Hours CER
GRADE : Excellent, ATTENDANCE : 100 %. DYNAMIX EGYPT.
- 4 November (2021): Shimaa Basha, Passed the training "MEASUREMENT INVARIANCE AND DIFFERENTIAL FUNCTION WITH AMOS" WITH ID : DYN-EGY-3197, 6 Training Hours CER.
GRADE : Excellent, ATTENDANCE : 100 %. DYNAMIX EGYPT.
- August (2021): Shimaa Basha, Passed the training" EQUATION MODELING (PLS-SEM) USING THE WARPPLS" . WITH ID: DYN-EGY-2697, GRADE: Excellent/A,100 %
- July (2021): Shimaa Basha, Passed the training" ITEM RESPONSE THEORY WITH STATA". WITH ID: DYN-EGY-2482. GRADE : Excellent, ATTENDANCE : 100 %. DYNAMIX EGYPT.

- March 2021: Passed the “Fellowship Standardization Training”, Training Course, Princess Nourah bint Abdulrahman University
- 20 February 2021: “Ideas of Research”, Online Workshop, Scientific Research Support Center, Helwan University, Egypt
- 13 February 2021: “Systematic Reviews: Not as difficult as we think”, Online Workshop, Scientific Research Support Center, Helwan University, Egypt
- 21-23 January 2021: Passed “Rules and Skills of Refereeing Scientific Research and Theses”, Online Training Course (12 hours), Continued Education and Training Unit, Zagazig University
- 20 January 2021: Attended “Voicethread: An Educational and training tool” (4 hours), Workshop, Deanship of Academic Development, Princess Nourah bint Abdulrahman University
- 24 November – 1 December 2020: Attended “Using SPSS software in Statistical Analysis, Descriptive and Inductive Statistics and Checking Research Hypotheses”, Online Training Course, Vice Deanship of Graduate Studies and Scientific Research, Imam Abdulrahman bin Faisal University
- 25 December 2020: Completed the PHRP Online Training “Protecting Human Research Participants Online Training”, Web-based course, Certification Number: 2861053, CE Hours/Credits 3.00
- 30 November 2020: Attended “Measuring Learning Outcomes of Perception Skills through Tests”, Online Workshop, Psychology Department, College of Education, Princess Nourah bint Abdulrahman University
- 29 November 2020: Passed the “Training on Quality Assurance Standards and Requirements in Graduate Studies Programs (TPg-01)”, Online Training course, Deanship of Academic Development, Princess Nourah bint Abdulrahman University
- 21 November 2020: “Treatment by Meaning: Basics and Applications”, Workshop within the events of the virtual conference “Cyber Psychological Counseling: Challenge and Aspiration”, held by the Counseling Center at King Abdulaziz University
- 24 October 2020: “Optimal employment of assessment tools in the e-learning system Blackboard”, Online Training Course, Committee of E-learning and Distance Education Deans in Saudi Universities
- 28-29 September 2020: “Preparing e-tests according to the specifications table”, Online Training Course, Center for Students’ Measurement and Assessment, Helwan University
- 7-8 September 2020: “Establishing and Operating Questions Banks”, Online Training course, Center for Students’ Measurement and Assessment, Helwan University
- 15-17 August 2020: “The MOOCs Design and Production” Online Training course, Faculty Members’ Development Center, Helwan University, Cairo
- 22-23 July 2020: “Using ICC or IRT in Data Analysis”, Training Course, Center for Students’ Measurement and Assessment, Helwan University, Cairo
- 15-16 June 2020: “Achievement Tests (essay questions and objective tests)”, Training course, Center for Students Measurement and Assessment, Helwan University, Cairo
- 12 December 2019: “Constructing Graduate Programs”, Training Course, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 24-27 November 2019: Attended and passed “Basics of Core Performance Indicators”, Training course, The National Center for Performance Management (ADAA)
- 17 November 2019: Participated in “A Mechanism for Preparing Course Descriptions and Reports According to the 2018 Form of the Authority”, Workshop, Deanship of Quality Assurance and Academic Accreditation, Princess Nourah bint Abdulrahman University, Riyadh
- 17 April 2019: “Scopus Indexing Standards of Scientific Journals in its Database”, Workshop, College of Education, Princess Nourah bint Abdulrahman University, Riyadh

- 4-6 December 2018: "Developing and Assessing Research Skills", Training Workshop, Education and Training Evaluation Commission, Riyadh
- 4-6 December 2018: "Developing Pioneering Skills in Education: Transforming Research Ideas to Projects and Products", Training Workshop, Education and Training Evaluation Commission, Riyadh
- 4-6 December 2018: "Effective Leadership in Educational Institutions", Training Workshop, Education and Training Evaluation Commission, Riyadh
- 7 November 2018: "How to Prepare the Course Report", Training course, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 20 September 2018: Participated in "Academic Accreditation Techniques", Workshop, Deanship of Quality Assurance and Academic Accreditation, Princess Nourah bint Abdulrahman University, Riyadh
- 18 May 2018: "Course Description", Training course, Deanship of Academic Development, Princess Nourah bint Abdulrahman University, Riyadh
- 9 October 2017-20 March 2018: "Excellence in Education and Learning for New Staff", Training course, Center for Excellence in Education and Learning, Princess Nourah bint Abdulrahman University, Riyadh
- 1 October 2017: The Singapore Institute Workshop about Learning Theories Course, Princess Nourah bint Abdulrahman University, Riyadh
- 24-27 August 2017: "Qualifying Administrative Leaders in Accordance with Comprehensive Quality Standards", Training course, at the Human Resources' Development Center at Cairo Governorate, and in cooperation with the National Management Institute, Ministry of Planning.
- 22 July 2017: "Vineland Adaptive Behavior Scale", Workshop (5 hours), The Egyptian Association of Psychotherapists.
- 19 July 2017: "Arab Intellectual Production and Prospects of International Publication: Opportunities and Challenges" Workshop, Arab Academy for Science, Technology and Maritime Transport, Alexandria
- 22-24 November 2016: "Program and Courses Description and Evaluating Learning Outcomes of Higher Education Colleges and Institutes", Training Course, The National Authority for Quality Assurance and Accreditation of Education, Cairo
- 18-22 September 2016: "Train the Trainer-1", Training course, Faculty Members' Development Center, Helwan University
- 6 May 2016: "Non-violent Communication" Workshop, held during the Annual Conference of the Armed Forces, Cairo
- 6 May 2016: "Early Treatment Interventions in Child Sexual Abuse Cases", Workshop, held during the Annual Conference of the Armed Forces, Cairo
- 19-22 January 2015: "Behavioral and Behavioral-Cognitive Interactive Treatment for Children and Adolescents with stubbornness, insistency, irritability, ADHD, and Disruptive behavior", Intensive training course (20 hours), organized by the Egyptian Association of Psychotherapists.
- 25-26 November 2015: Using International Search Databases in Helwan University's Digital Library, Training course, Helwan University
- 4-5 November 2015: Strategic Planning, Training course, Faculty Members' Development Center, Helwan University
- 13 November 2014: Developing Intervention Programs in Psychological Research Workshop (8 hours), at the Egyptian Psychiatrists Association.
- 25-27 September 2014: "Life Skills for Personal and Professional Excellence" Workshop, during the Third International Conference on Psychology and Allied Sciences in India.
- 23 - 26 June 2014: "Cognitive Behavioral Therapy for Anxiety and Social Phobia", Intensive training course (30 training hours), Egyptian Psychiatrists Association.

- 16 – 19 February 2014: “Applying and Scoring Binet Intelligence Scale – Fifth Edition”, at the Arab Corporation for Psychological Tests.
- 11-12 February 2014: “Institutional Accreditation Standards”, Workshop, Quality Assurance Center, Helwan University.
- 14 – 16 December 2013: “Organizing Scientific Conferences”, Training course, Faculty Members’ Development Center, Helwan University
- 30 December 2012-2 January 2013: “Application and Interpretation of the Children and Adults Thematic Apperception Tests (CAT & TAT)”, Training course, The Egyptian Psychologists Association, Cairo
- 16-17 May 2010: “Crisis and Disaster Management”, Training course, the Quality Assurance Center, Helwan University.
- 3 April 2010: “Developing a Strategic Plan”, Workshop, conducted by the Quality Assurance and Accreditation Unit of the Faculty of Arts, Helwan University.
- 23-24 December 2009: “Managing the Research Team”, Faculty Members’ Development Center, Helwan University.
- 16-17 December 2009: “How to Compete for a Research Fund”, Training Course, Faculty Members’ Development Center, Helwan University
- 13-14 December 2009: “Credit Hours”, Training course, Faculty Members’ Development Center, Helwan University
- 1-11 July 2007: “Training of University Instructors”, the 26th training course conducted at the Faculty of Education, Helwan University.
- 9-11 July 2006, and 5-6 January 2010: “Effective Presentation Skills”, Training course, Faculty Members’ Development Center, Helwan University.
- 27-29 June 2006 and 3-4 January 2010 “Effective Communication Skills”, Training course, Faculty Members’ Development Center, Helwan University.
- 20-22 June 2006, and 27-28 December 2009: “Professional Ethics”, Training course, Faculty Members’ Development Center, Helwan University.
- 23-25 November 2004: “Thinking Skills”, Training course, Faculty Members’ Development Center, Helwan University.

2. Conferences and Seminars

- 20-11-2021: “Cyberpsychology” Shima Basha, Psychological talk café, Presented to USTF Staff & Students.
- 14-15 March 2021: Participated with a worksheet titled “Experiences of International Universities in Psychological and Counseling Services Management during the COVID-19 pandemic”, co-authored with Daa Ali, organized by the Saudi Scientific Association of Psychological Counseling at Princess Nourah bint Abdulrahman University.
- 6 December 2020: Attended “Sage Premier Webinar”, Online Webinar, Deanship of Library Affairs, Najran University
- 21 November 2020: Attended the virtual conference “Cyber Psychological Counseling 2020: Challenge and Aspiration”, Online Conference, Counseling Center, King Abdulaziz University
- 10 November 2020: “Publication Industry in Arab Universities: The experience of King Saud University Press”, Online Symposium
- 4 November 2020: “Cyberpsychology”, online lecture, Attaa Digital Initiative
- 3 October 2020: “Tips for Scientific Publishing” Online Webinar, Scientific Research Support Center, Helwan University, Cairo.
- 28 September 2020: “Academic Integrity: Steps to Avoid Plagiarism” , Online Webinar, Scientific Research Support Center, Helwan University
- 1 September 2020: “How to select the right Journal to submit your manuscript?”, Online Webinar, Scientific Research Support Center, Helwan University, Cairo

- 19 August 2020: "Lessons by the Leader in Happiness and Positivity", Online Lecture, Hamdan bin Mohammed Smart University, Dubai
- 18 August 2020: Participated in "Literature review and reference management", Online Webinar, Scientific Research Support Center, Helwan University
- 10 August 2020: "Arabic citation index workshop", Online Webinar, Scientific Research Support Center, Helwan University, Cairo
- 9-10 August 2020: The First International Virtual Conference of the Psychology Department in the Faculty of Arts, Menoufiya University: "The Role of Psychological and Educational Sciences in Facing the COVID-19 Crisis", Online International Conference, Menoufiya University
- August 2020: The APA 2020 virtual, online conference
- 5 March 2019: "Psychological Counseling in a Cyber world", the First Forum of the Scientific Association of Psychological Counseling, Princess Nourah bint Abdulrahman University, Riyadh
- 4-6 December 2018: The International Conference of Educational Evaluation, Education and Training Evaluation Commission, Riyadh
- 24-25 October 2018: Saudi Women Studies Conference, Princess Nourah bint Abdulrahman University, Riyadh
- 10-11 April 2018: The International Conference, University of Algiers 2, Algiers
- 29-30 March 2017: The 30th International Conference of Social Work titled: "Social Work and Caring for At-Risk Groups", Faculty of Social Work, Helwan University, Cairo
- 13-14 November 2016: The 11th Conference of the Faculty of Arts at Beni Suef University titled: "Humanities and Social Sciences and Combating Terrorism", Beni Suef University
- 5 November 2016: "Together for the Future" Festival for persons with disabilities, Giza
- 20 October 2016: "Education as National Security", Conference organized by the Egyptian Association for Education in London and the British-African Council for Educational Affairs, Cairo
- 19 October 2016: "Investing in Educational Quality", Conference organized by the Arab Association for Educational Quality Assurance and the International Center for Training and Services Quality, Cairo
- 15-17 October 2016: The 1st International Conference of the Faculty of Education at Ain Shams University titled: "Strategic Approaches in Education: Future Challenges", organized by Ain Shams University, Cairo
- 4-6 May 2016: The Annual Conference of the Armed Forces titled: "Recent and Important Issues in Psychiatric Practice and Knowledge", organized by the Egyptian Armed Forces, Cairo
- 5 May 2016: "Procedures and Regulations of Promoting Faculty Members: Answers to FAQs", Symposium organized by the Psychologists Community and Cairo University, Cairo
- 15-16 March 2016: The 3rd International Conference for Interdisciplinary Studies, Faculty of Arts, Helwan University
- 20-21 December 2015: The 3rd Scientific Conference of Distance Education titled: "Distance Education: Environments, Developments, and Experiences", organized by Beni Suef University in cooperation with the Arab Universities Federation
- 18-19 November 2015: The 18th Annual Scientific Conference of the Faculty of Education at Helwan University titled: "Education and Consolidating the Egyptian Personality", organized by the Faculty of Education, Helwan University, Cairo
- 10-12 November 2015: The International Conference of Psychology titled: "Psychology and Current Issues in Society", organized by the University of Algiers 2, Algiers
- 8-10 April 2015: The 2nd Armed Forces Conference on Psychiatry, held, in the Armed Forces Medical Complex, Cairo.

- 7-8 April 2015: The 19th Annual Conference of the Psychological Counseling Center at Ain Shams University titled “Psychological Counseling and Community Awareness in the Arab World: Reality and Future”.
- March 2015: The 2nd Regional Conference on Multi-Dimensional Psychological Therapy “Integration between Biological and Psychological Factors in Psychiatry”
- 11 December 2014: “Full Integration: Issues Seeking Solutions”, Symposium organized by the Center for Psychological Research, Faculty of Arts, Cairo University
- 5 – 7 December 2014: The 2nd International Conference of the Institute of Coptic Studies, titled “Future Aspirations”
- 11 – 12 November 2014: The 1st Conference for Strategies of Addressing Educational and Scientific Research Challenges, organized by the Arab Association for Educational Quality Assurance, held at Zaqaziq University.
- 25 – 27 September 2014: The 3rd International Conference on Psychology and Allied Sciences in India. Participated with and presented a research paper titled: “Perceived Intimate Partner Rejection, Behavioral Control and its Relation to Personality Dispositions: Resilience as a Protective Factor among Married Adults in Egypt”. Presented another research paper titled: “Validation of the Egyptian Version of the Intimate partner Acceptance- Rejection/ Control Questionnaire (IPAR/CQ)”. The summary of the two papers was published in the conference proceedings. Moderated a session titled “Values, Strengths, Health, and Well Being”.
- 7-8 August 2014: The OIDA International Conference on Sustainable Development in Toronto, Canada. Presented a research titled “Resilience, Social Support, and Stress, as Predictors of Suicide Ideation among Public Universities’ Students in Egypt”. The Summary of the research was published in the Conference proceedings.
- 17 June 2014: Beni Suef University Conference titled “Centers of Research Excellence: Standards, Tasks, and Societal Returns”, organized by Beni Suef University.
- 8 – 10 April 2014: The 18th Annual Conference of the Psychological Counseling Center of Ain Shams University titled “The Prospects of Psychological Counseling in the Era of Advanced Technological Media”
- 5 April 2014: The 1st Regional Annual Conference on “Multi-Dimensional Psychological Therapy”, Cairo.
- 14 – 17 January 2014: The 1st International Conference of the Egyptian Association for Collective Psychotherapy, and participating in the training workshop (30 training hours). Received a certificate from the American Academy for Continuing Medical Education, attended workshops and scientific activities of the conference (30 training hours) about collective psychotherapy.
- 2 – 4 May 2013: Participated with a research paper titled “Adult attachment styles in relation to the quality of marital relationships”. The summary published in the proceedings of the 2nd International Conference for Psychological Counseling and Education in Turkey, organized by Ticaret University, Istanbul.
- 10 – 11 April 2013: The 17th Annual Conference on Psychological Counseling and Media, organized by the Center for Psychological Counseling in Ain Shams University.
- 5-6 December 2012: The International Conference on Societal Psychiatry, organized by the Egyptian Psychological Health and Awareness Society, Cairo.
- 29 November-1 December 2010: The 2nd Regional Conference of the Egyptian Psychiatrists Association, Cairo.

MEMBERSHIP IN BOARDS AND COMMITTEES

- 2021 – present: **Member** of the Happiness, Positivity, and Quality of Life Initiative, Princess Nourah bint Abdulrahman University, Riyadh
- 2021 – present: **Chairwoman** of the Organizational Culture at the College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2020 – present: **Member** of the Psychological Measures Committee, Nourah Health Program, Princess Nourah bint Abdulrahman University, Riyadh
- 2020 – present: **Member** of the Scientific Research Committee, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2019 – present: **Chairwoman** of the Committee for Addressing Academic Failure, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2019 – present: **Member** of the Working Committee for Transferring the Psychology Department to the College of Social Work, Princess Nourah bint Abdulrahman University, Riyadh
- 2018 – present: **Program Director** of the Psychology Program Committee, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2018-2019: **Chairwomen** of the Psychology Program Plan Development Committee, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2017 – present: **Member** of the Testing and Evaluation Committee, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2017 – present: **Chairwoman** of the Arbitration Committee of Psychology Courses Description, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2017 – present: **Member** of the Psychology Department Council, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2017: **Chairwoman** of the Activity Committee, College of Education, Princess Nourah bint Abdulrahman University, Riyadh
- 2015-2017: **Chairwoman** of the Graduate Studies Committee of the Psychology Department, Faculty of Arts, Helwan University, Cairo
- 2015-2017: **Chairwoman** of the Public Relations Committee of the Psychology Department, Faculty of Arts, Helwan University, Cairo
- 2014-2017: **Chairwoman** of the Committee for Purchasing Scientific Books for the Psychology Department from the Cairo International Book Fair, Faculty of Arts, Helwan University Cairo
- 2013-2014: **Member** of the Library Committee, Faculty of Arts, Helwan University, Cairo
- Member of the **Environmental** Affairs Committee of the Faculty of Arts in the academic year 2011/2012.
- 2010-2017: **Member** of the Central Questions Committee, Faculty of Arts, Helwan University, Cairo
- 2010-2017: **Member** of the Psychology Department Board, Faculty of Arts, Helwan University, Cairo